

Looking After Our World

Ideas for this part of the Centenary Challenge



Do activities with your Unit or Patrol that you all enjoy

SELF



Talk with older members of your family about how they may have done things differently when they were children. How they travelled to school / entertained themselves/ games they played / compare their answers to how you spend a week today

Recycle:

Hold an environmental party—Use you imagination—make the invitations using old magazines / decorate the hall with natural decorations / have food you make yourselves / maybe make each other gifts.

Reduce:

Challenge yourself to reduce your carbon footprint for a week, save energy and help the environment.

Reuse:

Make yourself a bangle and maybe one for your friend, there are so many ways to do it—here is one:

Things You'll Need:

Three sheets of recycled paper /Scissors Toothpicks /1 cup flour /1/2 cup water /Fishing line or dental floss.

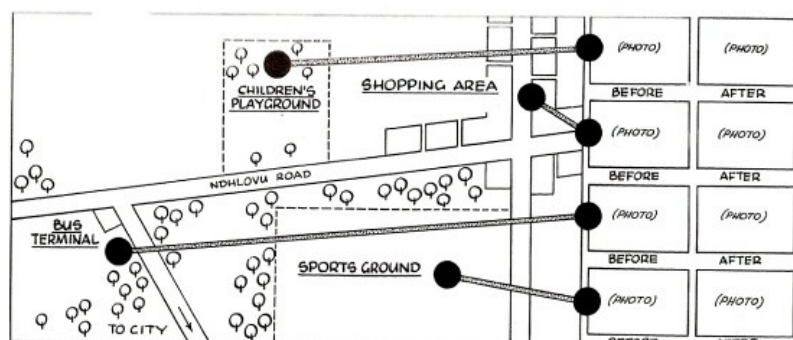
1. Make your own paste by combining one cup of flour with 1/2 cup of water. To make a thicker paste, bring the mixture to a boil and stir. Allow paste to cool to room temperature before using.
2. Choose three sheets of recycled paper to make beads. Newspaper or any heavy-grade paper works best. Select paper in your favourite colours or designs. For a glossy look, use recycled magazine pages.
3. Cut paper into 1/2-inch strips. Using your fingers, smear the paper strips with paste. Wrap each strip around a toothpick to form a bead. Slide bead off of toothpick when finished rolling. Avoid getting too much paste on the inside of the recycled paper bead, otherwise it will be hard to get a string through when it's time to make the bracelet. Make at least 20 beads.
4. Allow beads to dry for at least a half-hour. If the beads still feel damp after a half hour, let them dry longer. Beads should be stiff to the touch.
5. Determine how long you need your bracelet to be. Cut dental floss or fish string to appropriate length. String the recycled paper beads together to form a bracelet. Secure by tying a tight knot.

Your Unit or Patrol could:

PRACTICAL & PHYSICAL



- Ask your local Council to send someone to talk to your Unit about environmental issues in your town/ area. It could be about the plants in gardens that are weeds, animals that are causing an environmental problem or how to tackle issues such as littering in your community.
- Invite a guest speaker from a wildlife park or local conservation or action group such as Coastcare or Landcare. Or maybe someone who rescues and cares for native animals who are ill, have lost their mother or are hurt.
- Discover what plants you could plant which would attract native butterflies, birds and animals to your gardens.
- Try these ideas from the Scout Book—International Show-and-Do Conservation Project Kit 1983 Hold a litter exhibition (Project 72 -) or Adopt an area (Project 71)



Your Unit or Patrol could:

PEOPLE



- Hold a fashion parade using Op shop fashions or maybe donated preloved clothes and after the parade sell the clothes as a fundraiser for an environmental project.
- Visit a natural area with your Unit or Patrol and take photos
- Create a Unit Environmental Policy/ Pledge / Charter and send it to Girl Guides Tasmania Environmental Resource Committee.
- Hold a games night using games you have made yourself from recycled materials. An example is from the South African Boy Scout book called 101 Thrifty Ideas for Energy Conservation.

Flying Saucers—recycle paper plates that have been used for a party.

To make—simply place one paper plate face down on another and glue them around the edges using pva glue. Decorate the flying saucers and give it a name, like 'Morning Star'.

Flying saucer game—from a launching line marked on the ground, each Guide skims her Flying Saucer in a given direction. The Guide who flies her craft the greatest distance is the winner. Remember to mark the ground where the Flying Saucer lands and not the point it ultimately reaches. Have a Flying Saucer Display before you start.

FLYING SAUCER



Skittles—Use four tall bottles plastic bottles of the same kind and size. Pour in sand or rice about 5cm deep and screw the tap on tightly to give each botte some weight. Set up the skittle pins in a diamond pattern, 5 metres from the bowling line. Each players bowls three balls in succession. The object is to knock all the skittle pins down with a minimum number of balls. Each player has three turns and the winner is the one with the best score out of nine balls (i.e.: three 3-ball turns).



Perhaps your project could be a personal plan...

THINK:

- Do I **REALLY** need that new item I've been nagging about?
- Do I **REALLY** need to waste that food I've left on my plate?
- Do I **REALLY** need to shower every day, and for as long as I do?
- Do I **REALLY** need to throw out that piece of paper, or could I use the back of it?
- Do I **REALLY** need to ask Mum to drive me to my friend's place; couldn't I walk?
- Do I **REALLY** need to use the computer so much?
- Do I **REALLY** need to buy that bottled water?
- Do I **REALLY** need to take that plastic straw?
- Do I **REALLY** need those lollies that are all separately wrapped inside a big bag?
- Do I **REALLY** need to keep using tissues when I could use a handkerchief?
- Do I **REALLY** need to use as much toilet paper as I do?

You could write up something like this for yourself..... **and do it!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
I will: Use the water left in my drink bottle to water our indoor plants	I will: Not squish that spider in my room, but capture him and relocate him to a spot outside	I will: Only leave my mobile phone on the charger until it is charged... definitely not overnight	I will: Not throw my bubble gum on the ground or in the gutter, but use a bin
	FRIDAY	SATURDAY	SUNDAY
	I will: Dry off the pumpkin seeds from our food scraps and cut down a milk carton ready to plant them in	I will: Find the old board games in the cupboard and play one with my family or a friend instead of just watching TV	I will: Swap some magazines with a friend instead of throwing them out and buying more